

Curriculum Vitae

Sofia Tsitou

Personal Information

Date and Place of birth: 1992, Ioannina, Greece

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Current position

03/2024-present	Adjunct Lecturer, Department of Economics, University of Ioannina, Greece
04/2024-present	Post Doctoral Fellow, Department of Economics, University of Macedonia, Greece
05/2023-present	Research Fellow, DAISSy Research Group, Hellenic Open University, Greece

Education

2018-2021	PhD in Economics , « <i>Essays on Human Capital and Regional Economics</i> », Department of Economics, University of Ioannina, Greece, Supervisor Nikos Benos
2015-2017	M.Sc. in Economic Analysis , Department of Economics, University of Ioannina, Greece
2011-2015	B.A. in Economics , Department of Economics, University of Ioannina, Greece

Research Projects

7/2024-6/2025	Research project “RESEARCH GRANTS PROGRAM BY TOPIC CATEGORY_2nd CYCLE, "The Impact of the Population Exchange between Greece and Turkey on the Health of the Greek Population"”, a 12-month funded program supported by the University of Macedonia, Greece
5/2024-12/2024	Research project “ADEDU-Accessible Digital EDUcation”, a European Union funded project (ERASMUS+/ERASMUS-EDU-2023-PCOOP-ENGO) implemented by the Hellenic Open University, Greece
4/2024-12/2025	Research project “Macroeconomic Shocks and Inclusive Societies: The Implications of Macroeconomic Shocks for the Rise of Populism in Europe and the Erosion of EU Identity (MACRO-POP)”, a 22-month funded program supported by the Hellenic Foundation for Research and Innovation (H.F.R.I.)
7/2023-12/2024	Research project “Special Education STEAM Academy”, a European Union funded project (ERASMUS+/ERASMUS-EDU-2021, TEACH-ACA) implemented by the Hellenic Open University, Greece

- 7/2023-12/2024 Research project “DigComp Hub”, a European Union funded project (ERASMUS-EDU-2022-PCOOP-ENGO) implemented by the Hellenic Open University, Greece
- 5/2023-8/2023 Research project “Innovative Agile Project Based Learning (Agile2Learn)”, a European Union funded project (ERASMUS+/KA2) implemented by the Hellenic Open University, Greece
- 7/2022-9/2023 Research project “COVID-CULT: The Cultural Determinants of the Spread of COVID-19”, a 20-month funded project supported by [H.F.R.I](#) (Hellenic Foundation for Research and Innovation), Department of Economics, University of Macedonia, Greece
- 5/2020-4/2023 Research project “The Origin of State Capacity and Its Impact on Modern Economies and Economic Policy”, a 3-year funded project supported by [H.F.R.I](#) (Hellenic Foundation for Research and Innovation) and EU
- 9/2021-12/2021 Research project “The long-lasting effect of the 1923 population exchange between Greece and Turkey on female emancipation in Greece”, a 4-month funded project supported by the University of Macedonia, Greece

Teaching Experience

- 10/2024-2/2025 Adjunct Lecturer, Department of Economics, University of Ioannina, Greece
Course: Labour Economics (undergraduate), Economics of the Environment and Natural Resources (undergraduate)
- 3/2024-7/2024 Adjunct Lecturer, Department of Economics, University of Ioannina, Greece
Course: Energy Economics (undergraduate), Applied Econometrics (undergraduate)
- 2/2023-10/2023 Adjunct Lecturer, Department of Economics, University of Macedonia, Greece
2/2022-10/2022 Course: Regional Economics II (undergraduate)
- 2020-2021 Teaching Assistant, Department of Economics, University of Ioannina, Greece
Courses: Macroeconomic Theory (undergraduate), Economic Growth (undergraduate), Labour Economics (Erasmus)

Research Interests

Human Capital, Economic Growth, Economic History, Regional Economics, Macroeconomics and Survey Data

Publications

"Geography, Landownership Inequality and Literacy: Historical Evidence from Greek Regions" with Nikos Benos and Stelios Karagiannis, *Journal of Population Economics*, Volume 37, 29, (2024). <https://doi.org/10.1007/s00148-024-01002-1>

"The Implications of Religion and Religiosity on the COVID-19 across European Regions" with Despina Gavresi and Anastasia Litina, *forthcoming at the Handbook of Labor, Human Resources and Population*, Springer Nature.